

A Professional Development Workshop for: *Special Educators, Counselors, Guidance Directors, Principals, Assistant Principals, Department Heads, Team Leaders, District Leaders, and Support Services Coordinators*



Reaching the Classroom:



Empowering Teachers to Understand and Teach Students with Anxiety-Related and Oppositional Behavior

Tuesday, July 28, 2015

At the Resort and Conference Center at Hyannis

Featuring MSSAA Presenter

Jessica Minahan, M.Ed., BCBA

Mental health challenges are prevalent among school-aged children in this country. An estimated 21% of American teenagers have struggled with a serious and debilitating mental health problem at some point during their school age years.

It should come as no surprise that overburdened teachers are overwhelmed with the change in the makeup of a given classroom today– as they heroically face this challenge with little to no training in mental health and behavioral principles. Administrators are often in the difficult position of mentoring a distressed teacher who is struggling to support a student with anxiety-related and oppositional behavior. It is optimal for administrators to be able to analyze how the environment may unintentionally reinforce the student's negative behavior and to know how to suggest practical and effective interventions that may allow students to gain competency and reduce inappropriate behavior. This workshop will translate clinical information into doable and easy-to-implement strategies, tools, and interventions that can be implemented effectively by any teacher. Participants will also be able to communicate how best to understand the behavior of a student who has anxiety or who is oppositional, which will help build capacity for this ever-increasing population of students.

Upon completion of the program participants will:

- Understand the impact of anxiety on a child's learning and behavior.
- Describe why traditional behavior plans of reward and consequences often do not work for students with challenges such as anxiety-related and oppositional behavior.
- Learn effective interventions that are easy to implement in a busy classroom.

Jessica Minahan, Med., BCBA, is a board certified behavior analyst and special educator and Director of Behavioral Services at Neuropsychology & Education Services for Children and Adolescents-Newton, as well as a school consultant to clients nationwide (www.jessicaminahan.com). Jessica has over 16 years of experience supporting students who exhibit challenging behavior in urban public school systems. She is an adjunct professor at Boston University, a blogger on The Huffington Post, and the author of "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students," with Nancy Rappaport (Harvard Education Press, 2012) and author of "The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors" (Harvard Education Press, 2014).



Sign-In/Registration:

8:00 am to 8:30

Workshop:

8:30 am to 3:00 pm

Fees: *Member \$220/*

Non-Member \$275

Workshop Contact:

Linda Taylor

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Fax: (508) 541-9888

E-mail: ltaylor@mssaa.org

**Massachusetts
Secondary School
Administrators'
Association**

33 Forge Parkway
Franklin, MA 02038

6 PD Hours

**Safe and Supportive
Learning Environments**

Directions to the Conference Center:

From Boston: Follow Route 93 South to Route 3 South to the Sagamore Bridge and onto Route 6 East. Follow Route 6 East to Exit 6. Take a right off the exit onto Route 132 South. At the 4th set of lights turn right onto Bearses Way (towards Hyannis West End). Continue straight through 2 sets of lights. Take the 2nd exit off the rotary. At the next set of lights turn right onto North Street. Continue straight to the rotary. Take the 2nd exit just after the Paddock Restaurant. Resort and Conference Center at Hyannis will be on your left.

From Western Massachusetts: Follow Route 495 South to Route 25 East to the Bourne Bridge and merge onto the rotary. Take the 4th exit off the rotary (IHOP will be on your left). Follow until you reach a set of traffic lights. Take a right at the lights onto Route 6 East. Follow Route 6 East to Exit 6. Take a right off the exit onto Route 132 South. At the 4th set of lights turn right onto Bearses Way (towards Hyannis West End). Continue straight through 2 sets of lights. Take the 2nd exit off the rotary. At the next set of lights turn right onto North Street. Continue straight to the rotary. Take the 2nd exit just after the Paddock Restaurant. Resort and Conference Center at Hyannis will be on your left.

MSSAA Workshop Registration Policies

Cancellation: Cancellations received up to 72 hours before the workshop will be honored. If you do not cancel and do not attend, you are responsible for full payment.

Inclement Weather: If the weather is uncertain, call the MSSAA front desk at (508) 541-7997 or check the website at www.mssaa.org after 6:15 a.m. on the morning of the workshop to check for cancellation.

Confirmation: If you have not received a confirming email within a few days of registering, please contact Linda Taylor at (508) 541-9832 or ltaylor@mssaa.org. This printed email is your proof of registration.

Group Discount: Schools or Districts sending in three or more registrations together via the same method (online, mail, or fax) qualify for a discount of \$20 per person per workshop.

"Umbrella": Teachers may register at the member rate if their building principal is an MSSAA Member.

EARLY BIRD DISCOUNT of 10 percent if we receive your registration by June 12, 2015

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Fees: Member \$220/Non-Member \$275

Name: _____

School: _____ **Position:** _____

Address: _____

City: _____ **State:** ____ **Zip:** _____

Phone & Ext: _____

Email (mandatory): _____

Program fee includes training, training materials, continental breakfast and lunch!

Total Registration Fee: \$ _____

Check or Purchase Order #: _____

Return this form to: Linda Taylor, MSSAA, 33 Forge Parkway, Franklin, MA 02038

or fax to: MSSAA, Attention: Linda Taylor, (508) 541-9888

Register online at <http://mssaa.org/professionaldevelopment>

Earn four additional Professional Development Hours (per day) by using workshop content in your school or district! Information on earning additional PDPs will be included in your workshop packet. Participants may combine PD Hours earned for workshops in the same strand.