



MASSACHUSETTS SCHOOL  
ADMINISTRATORS' ASSOCIATION



*MSAA  
and Courage & Renewal Northeast  
Announce:*

NORTHEAST  
**Courage  
& Renewal**

## The Soul of Leadership: Courage, Presence, and Integrity

*A yearlong personal leadership and  
renewal program for PreK-12 principals*



As principals, we create the culture in our schools. This culture reflects who we are and what we do. We lead who we are.

We invite you to deepen your own development as a leader. By taking the time to climb up on the balcony and reflect on your life and work, you will gain greater self-awareness and capacity to lead in new ways that support the flourishing of all students and adults in your school.

Over the course of this unique yearlong program, we will focus on personal development and on enhancing professional capacities as leaders. This program addresses the need to embrace the relational aspects of the role of principal by drawing on elements of Leading Together: Strengthening Relational Trust in Schools® including the "4 R's" of Relationships, Reflection, Resilience and Renewal. Participants will integrate what they learn into their leadership practices in their school communities, employing these practices with teachers and staff, students and families.

The program will serve a cohort of 24 principals from elementary, middle, and high schools across the Commonwealth. We seek a diverse group of participants from a variety of rural, suburban, and urban school districts.

The program will begin with a full-day retreat session on August 15, 2018 at Wellesley College, followed by four days during the 2018-19 school year at the MSAA office in Franklin, MA. In addition, four small-group virtual sessions will be held in between retreat days.

*"It may be also the right time to dig a little deeper into how school leaders understand their work—and how they can fully embrace the "ministerial" or relational aspects of the job."*

—**Anthony Reborra**, "Lifting School Leaders" [Educational Leadership](#) (May 2017)

### Principals will:

- Learn from the work of Parker J. Palmer and the fields of mindfulness, social and emotional learning, neuroscience, and the arts
- Further develop their own self-awareness and strengthen their capacity to be present, attentive, and curious within their busy schedules
- Build resilience and effectiveness in responding to challenges
- Connect to core values as educational leaders and commit to practices for renewal
- Experience the process of building relational trust and strengthening social-emotional learning (SEL) in an adult community
- Learn and practice practical facilitation skills in their meetings, drawing from a 200-page guidebook

### Participants will make a commitment to:

- Attend all sessions
- Develop a daily reflective/mindfulness practice of their choosing
- Journal throughout the year about their experience and its impact on their leadership.
- Participate in four small group online sessions facilitated by a project leader between face-to-face sessions. Participants' journals will provide a touchpoint for these sessions
- Participate in one webinar to focus more deeply on issues of equity and the impact of race and socio-economic status in this work
- Participate in a program evaluation and one presentation about the work to either the MSAA Board of Directors, an interested MSAA committee, the MSAA Summer Leadership Institute, or a Twitter chat.

### SCHEDULE

#### Opening Day Retreat at Wellesley College, Wellesley MA

- Wednesday, August 15 - 8:30 am - 8:00 pm with light breakfast, lunch & dinner

#### Four (4) Days at MSAA Office in Franklin, MA

8:30 am - 3:30 pm with light breakfast & lunch

- Friday, October 26
- Thursday, January 17
- Friday, April 5
- Thursday, May 23

#### Four (4) Small Group Virtual Sessions (75 minutes - Schedule TBD)

FEE: \$400 Members / \$600 Non-Members

### To Register and Apply:

1. Register on the [MSAA Professional Development Page](#).
2. Please email to [rrogers@msaa.net](mailto:rrogers@msaa.net) a brief statement describing why you are interested in participating in this program at this time and your hopes for participation.

*"When you learn about successful principals, you keep coming back to the character traits they embody and spread: energy, trustworthiness, honesty, optimism, determination. We went through a period when we believed you could change institutions without first changing the character of the people in them. But we were wrong. Social transformation follows personal transformation."*

–David Brooks, "Good Leaders Make Good Schools" [New York Times](#)  
(March 13, 2018)

## Facilitator Information

**Pamela Seigle** is Executive Director of Courage & Renewal Northeast at Wellesley College. She co-developed *Leading Together*, the Center for Courage & Renewal's program bringing principals and teacher-leaders together to learn reflective and mindfulness practices and build adult relational trust in their schools. Pamela has facilitated *Courage to Teach* and *Courage to Lead* programs in education, healthcare and nonprofit leadership. She founded *Open Circle®* at the Wellesley Centers for Women. Pamela is a facilitator for the New Politics Leadership Academy and has served on many nonprofit boards, including as a Trustee of the Boston Public Library.

**Chip Wood** has been an activist in the fields of education and child development for the past forty years. He was a co-founder and co-developer of *The Responsive Classroom®* approach to professional development, and executive director of its nonprofit organization, Northeast Foundation for Children. He is author of *Yardsticks: Child and Adolescent Development* (4th edition. Center for Responsive Schools, Inc. 2017), and co-author of *Responsive School Discipline: Essentials for Elementary School Leaders* (NEFC, 2011) as well as numerous book chapters and articles. He is also a facilitator with Courage & Renewal Northeast in Wellesley, MA, helping to provide retreat and renewal experiences for teachers and school leaders.

**Rick Rogers** is currently an Assistant Director of the MSAA and also works as a leadership coach and consultant. He brings 34 years of experience in public education, including 27 years as a principal in both urban and suburban settings. He has served as a facilitator for the National Institute of School Leadership and an adjunct instructor at the University of Massachusetts Lowell Graduate School of Education.

**This program is a partnership between Massachusetts School Administrators' Association and Courage & Renewal Northeast at Wellesley College and is generously supported by a grant from the [Angell Foundation](#).**

REGISTER ONLINE

**36 PD Hours**  
*Leadership/Administration*

contact: [vellison@msaa.net](mailto:vellison@msaa.net)

**LEADERSHIP MATTERS**

MSAA | 33 Forge Pkwy | Franklin, MA 02038 | 508-541-7997

