



A professional development offering for: K-12 Classroom Teachers, Special Educators, Guidance Counselors, Department Heads, Team Leaders, Curriculum Coordinators, Principals, and Assistant Principals

Rethinking Behavior Support: Effective Interventions for Students with Anxiety-Related and Oppositional Behavior



Featuring Presenter

Jessica Minahan, M.Ed., BCBA

**Thursday, February 8, 2018
at the MSAA Office, Franklin**

Sign-In/Registration: 8:00 am to 8:30 am
Workshop: 8:30 am to 3:00 pm
Fees: Member \$195/Non-Member \$260

6 Professional Development Hours

PD Content Area: *Special Education*

This workshop will focus on classroom interventions for students with anxiety-related and oppositional behaviors. Rather than responding with punishment and reward-based consequences, participants will gain an understanding of the students' challenges and learn strategies for teaching them how to cope. These interventions and strategies will allow students to improve their behavior by acquiring the necessary skills to make academic and behavioral progress. Case studies will be used to give participants the skills and information they need to assist in the creation of effective behavior plans.

The workshop will enable participants to:

- Describe why traditional behavior plans of reward and consequences often do not work for students with challenges such as anxiety-related and oppositional behavior.
- Learn how to identify anxiety in a student and understand how anxiety effects learning and behavior.
- Be able to create an effective behavior intervention plan for students with anxiety-related or oppositional behavior.

Jessica Minahan, M.Ed., BCBA, is a board-certified behavior analyst and special educator, as well as a consultant to schools nationwide. Jessica has over 17 years of experience supporting students who exhibit challenging behavior in urban public school systems. She is an adjunct professor at Boston University, a blogger on The Huffington Post, as well as the author of *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*, with Nancy Rappaport (Harvard Education Press, 2012) and *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors* (Harvard Education Press, 2014) (www.jessicaminahan.com)

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